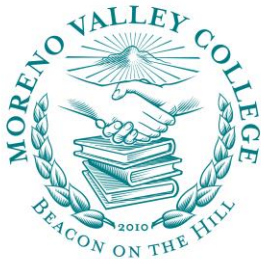


# INTRODUCTION TO LAW ENFORCEMENT AND PHYSICAL CONDITIONING FOR BASIC ACADEMY STUDENTS- “Wellness” Class

ADJ-B1A 1 Unit 48 Hours (24 lecture/24 lab)

Moreno Valley College in partnership with Riverside County Sheriff’s Department presents an eight-week course designed to familiarize students with law enforcement and prepare them for the Basic, Modular & Correctional Deputy Training Academies.

The curriculum will require students to complete a physical fitness assessment and participate in a fitness regiment designed to prepare them for the academy. Students will also receive an overview of the pre-employment process and various facets of law enforcement.



Classes are held at the  
***Ben Clark Public Safety Training Center***

**Tuesdays & Thursdays from 6 - 9 pm**

For enrollment, please follow the steps listed on  
[www.mvc.edu/law](http://www.mvc.edu/law) under “Wellness” class.



**BEN CLARK PUBLIC SAFETY  
TRAINING CENTER**



Visit our website to view  
the upcoming class dates!

***Students must wear appropriate  
physical conditioning attire and  
running shoes.  
Schedule is subject to change!***

#### Academic Disclaimer

The Riverside Community College District complies with all federal and state rules and regulations and does not discriminate on the basis of ethnic group identification, national origin, religion, age, gender, gender identity, gender expression, race, color, ancestry, genetic information, sexual orientation, physical or mental disability, or any characteristic listed or defined in Section 11135 of the Government Code or any characteristic that is contained in the prohibition of hate crimes set forth in subdivision (1) of Section 422.6 of the California Penal Code, or any other status protected by law. This holds true for all students who are interested in participating in education programs and/or extracurricular school activities. Limited English speaking skills will not be a barrier to admission or participation in any programs. Harassment of any employee or student with regard to ethnic group identification, national origin, religion, age, gender, gender identity, gender expression, race, color, ancestry, genetic information, sexual orientation, physical or mental disability, or any characteristic listed or defined in Section 11135 of the Government Code or any characteristic that is contained in the prohibition of hate crimes set forth in subdivision (1) of Section 422.6 of the California Penal Code, or any other status protected by law is strictly prohibited. Inquiries regarding compliance, and/or grievance procedures may be directed to the District’s Title IX Officer/Section 504/ADA Coordinator, Ms. Chani Beeman, 450 E. Alessandro Blvd., Riverside, CA 92508. (951) 222-8039.

Alternate formats for this material are available to individuals requiring disability accommodation. Please contact Mrs. Barbara Williams or the office of Diversity, Equity and Compliance at (951) 222-8039.