

Riverside University Health Systems—Behavioral Health

Prevention and Early Intervention

Virtual Services during COVID

Community Education and Stigma Reduction

Community Connect Serving: Riverside County	Contact: 2-1-1 24/7 Crisis and suicide prevention hotline
Visión y Compromiso Serving: Western and Desert Region	Contact: Marisela Blancas Marisela@visionycompromiso.org
Special Services for Groups Serving: Asian American and Pacific Islander population in Western and Mid-County Regions	Contact: Estee Song esteesong@apctc.org
African American Health Coalition Serving: All Regions of Riverside County	Contact: Linda Hart Hartl.aamhc@gmail.com
Riverside San Bernardino County Indian Health Inc. Serving: All Regions of Riverside County	Contact: Vernon Motschman vmotschman@rsbcihi.org
RI International Serving: All Regions of Riverside County	Contact: 951-217-5517 Ron Hoffman ron.hoffman@riinternational.com

Parent and Family Education and Support Programs

<u>Strengthening Families Program (SFP)</u>	
MFI Recovery Serving: Western and Mid-County Regions	Contact: 951-683-6596 Cesia Alvarenga CesiaAlvarenga@mfirecovery.com Maria Alcaraz MariaAlcaraz@mfirecovery.com
Riverside Latino Commission Serving: Desert Region	Contact: 760-398-9000 Alan Mora-Lopez amora@latinocommission.com
<u>Triple P (Positive Parenting Program)</u>	
The Carolyn E. Wylie Center Serving: All Regions of Riverside County	Contact: 951-683-5193 Lucinda Chagolla lchagolla@wyliecenter.org

Transition Age Youth (TAY) Programs

<u>Peer to Peer Program</u>	
Operation SafeHouse Serving: Western and Desert Regions	Contact: 760-285-1740 Nicole Watson nwatson@operationsafehouse.org
Victor Community Support Services Serving: Mid-County Region	Contact: 951-436-5312 Shaterra Mahone Shaterra.mahone@victor.org
<u>Stress and Your Mood Program</u>	
Operation SafeHouse Serving: All Regions of Riverside County	Contact: 760-285-1740 Nicole Watson nwatson@operationsafehouse.org
<u>Teen Suicide Awareness and Prevention Program</u>	
Public Health Serving: All Regions of Riverside County Providing: Virtual training and mental health resources for students, parents and school staff.	Contact: 951-358-7171 Rebecca Antillon rantillon@ruhealth.org

Older Adult Programs

Cognitive-Behavioral Therapy (CBT) for Late-Life Depression	
The Scott Hines Mental Health Clinic at The Center Serving: Desert Region	Contact: 760-416-7899
Program to Encourage Active Rewarding Lives for Seniors (PEARLS)	
Inland Caregiver Resource Center Serving: All Regions of Riverside County	Contact: 800-675-6694
Care Pathways – Caregiver Support Groups	
Riverside County Office on Aging Serving: All Regions of Riverside County	Contact: 800-510-2020

Specialized Ethnic Community Programs

Mamás y Bebés (Mothers & Babies)	
Riverside Community Health Foundation Serving: Mid-County Region	Contact: 951-788-3471 ext. 137 Terri Akens Terri@rchf.org
Reach Out Serving: Western Region	Contact: 909-982-8641 Gloria Lopez Gloria@we-reachout.org
Keeping Intergenerational Ties in Ethnic Families (KITE) Serving: Asian American and Pacific Islander population	
Special Services for Groups Serving: Western and Mid-County Regions	Contact: Karen Lim kchnlim@apctc.org

Riverside University Health Systems – Behavioral Health Crisis Supports & Services Mental Health Urgent Care

MHUC Riverside: 9980 County Farm Rd, Bldg. 2, Riverside 92503	Phone: 951-509-2499
MHUC Perris: 85 Ramona Expressway, Ste. 1-3, Perris 92571	Phone: 951-349-4195
MHUC Palm Springs: 2500 N. Palm Canyon Dr., Ste. A4, Palm Springs 92571	Phone: 442-268-7000

Behavioral Health Access Lines

CARES line for Medi-Cal beneficiaries seeking Mental Health Services	Phone: 800-706-7500
Substance Use CARES Line Call	Phone: 800-499-3008

Online and Telephone Supports

Take My Hand 24/7 Peer support chat	Visit: www.takemyhand.co
Essential Staff Support line Individual coaching, counseling and listening 24/7 for: Health care workers, first responders and any essential staff	Phone: 951-955-7015