



September 2020

Fall 2020 Semester begins Monday, August 24th

National Hispanic Heritage Month September 15 - October 16

Moreno Valley College

DID YOU KNOW THAT...

Each year, Americans observe National Hispanic Heritage Month from September 15 to October 16, by celebrating the histories, cultures and contributions of American citizens whose ancestors came from Spain, Mexico, the Caribbean and Central and South America.

Student Activities Center
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 16130 Lasselle Street
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 (951) 571-6105
 (951) 571-6985 (FAX)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 ICC Meeting 12:30 pm-2 pm	3	4	5
6	7 HOLIDAY <i>Labor Day</i>	8 <i>"Lion Fitness Day"</i> 12 pm	9 ICC Meeting 12:30 pm-2 pm	10 <i>Managing Anxiety & Depression</i> 12:50 pm	11	12
13	14 MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm	15 <i>"Lion Fitness Day"</i> 12 pm	16 ICC Meeting 12:30 pm-2 pm	17 Constitution Event 12:50 pm	18 Advisors Orientation 11:30 am	19
20	21 Student Senate Committee Meeting 12:30pm BOC Meeting 3pm	22 <i>"Lion Fitness Day"</i> 12 pm Club Rush 1 pm—3 pm	23 ICC Meeting & QPR Training 12:30 pm-2 pm	24 Hispanic Heritage Celebration 12:50 pm	25	26
27	28 MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm	29 <i>"Lion Fitness Day"</i> 12 pm	30 Student Body President's Town Hall 1 pm	31	1	2



October 2020

Breast Cancer Awareness Month

Moreno Valley

College

DID YOU KNOW THAT...

The National Breast Cancer Awareness Month (NBCAM) started as a week-long campaign in 1985 with 2 founding members. During October, the member organizations of the Board of Sponsors join forces to spread the message that early detection of breast cancer followed by prompt treatment saves lives.



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				1	2	3
4	5 Student Senate Committee Meeting 12:30pm BOC Meeting 3pm	6 <i>"Lion Fitness Day"</i> 12 pm <u>Eating on The Run</u> 12:50 pm	7 ICC Meeting 12:30 pm-2 pm	8	9	10
11	12 MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm	13 <i>"Lion Fitness Day"</i> 12 pm	14 ICC Meeting 12:30 pm-2 pm	15 Breast Cancer Awareness Event 12:50 pm	16	17
<i>Pink Ribbon Week</i>						
18	19 Student Senate Committee Meeting 12:30pm BOC Meeting 3pm	20 <i>"Lion Fitness Day"</i> 12 pm	21 ICC Meeting 12:30 pm-2 pm	22	23	24
25	26 MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm	27 <i>"Lion Fitness Day"</i> 12 pm	28 Student Body President's Town Hall 1 pm	29 Day of the Dead 12:50 pm	30	31 <i>Halloween</i>



November 2020

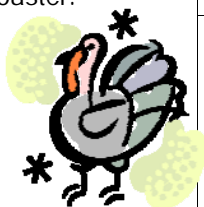
National American Indian and Alaskan Native Heritage

Moreno Valley College

Thanksgiving Turkey Facts

- Benjamin Franklin wanted the turkey to be our national bird.
- According to the U.S. Department of Agriculture, more than 45 million turkeys are cooked and eaten in the United States at Thanksgiving. That number represents one sixth of all the turkeys sold in the U.S. each year!
- Only male (tom) turkeys gobble. Females make a clicking noise. The famous gobble is actually a seasonal mating call.
- A turkey under 16 weeks of age is called a fryer. A five to seven month old turkey is called a roaster.

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1	2 Student Senate Committee Meeting 12:30pm BOC Meeting 3pm	3 "Lion Fitness Day" 12 pm NATIONAL ELECTIONS DAY	4 ICC Meeting 12:30 pm-2 pm	5 Native American Celebration 12:50 pm	6	7
8	9 MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm	10 "Lion Fitness Day" 12 pm Veterans Day Recognition Event 1 pm	11 HOLIDAY Veterans Day	12	13	14
15	16 Student Senate Committee Meeting 12:30pm BOC Meeting 3pm	17 "Lion Fitness Day" 12 pm <i>Stress Less Week (Several Events to Occur 11/16-11/20)</i>	18 Service Hours Due ICC Meeting 12:30 pm-2 pm	19	20	21
22	23	24	25 RCCD <i>NO CLASSES IN SESSION THIS WEEK 11/23—11/27/2020</i>	26 HOLIDAY Thanksgiving	27	28
29	30 MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm					



December 2020

Moreno Valley College

The actual gift givers are different in various countries:

Spain & South America: The Three Kings

Italy: La Befana (a kindly old witch)

England: Father Christmas

France: Pere Noel (Father Christmas)

Russia: In some parts - Babouschka (a grandmotherly figure); other parts it is Grandfather Frost.

Germany: Christkind (angelic messenger from Jesus). She is a beautiful fair haired girl with a shining crown of candles.

Scandinavia: a variety of Christmas gnomes. One is called Julenisse



Happy Holidays
from ASMVC

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 "Lion Fitness Day"	2 Dead Week	3 <u>Beating Test Anxiety</u> 11 am - 12 pm	4	5
6	7 <u>Test Taking Skills</u>	8	9	FINALS WEEK		
13	14	FINALS WEEK		17	18	19
20	21	22	23	24	25 HOLIDAY Christmas Day	26
27	28	29	30	31		



January 2021

Moreno Valley College

"I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character."

— Martin Luther King Jr.
August, 1963, in a speech to civil rights supporters at the march on Washington.



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>HOLIDAY</i> <i>New Years Day</i>	2
3	4 <i>2021 Winter Intercession Begins</i>	5	6	7	8	9
10	11	12	13	14	15	16
17	18 <i>HOLIDAY</i> <i>Martin Luther King Jr. Day</i> 	19	20	21	22 <i>Mandatory ASMVC Training</i> <i>8 am</i>	23
24	25	26	27	28	29 <i>Mandatory ICC Training</i> <i>8 am</i>	30
31						



February 2021

Black History Month

Moreno Valley

College

DID YOU KNOW THAT...

- Black History Month originated in 1926 by Carter Godwin Woodson as “Negro History Week.”
- The month of February was chosen in honor of Frederick Douglass and Abraham Lincoln, who were both born in February.
- In the mid 1800s, Philadelphia was known as “The Black Capitol of Anti-Slavery,” because of the strong abolitionist presence there.
- The African Free School in New York City was the first free school for African Americans. It was started by the abolitionist group the ‘New York Manumission Society’ in 1787.
- The Tuskegee Airmen were the first African American pilots in the U.S. Armed Forces. They are depicted in the G.I. Joe action figure series.

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12 <i>HOLIDAY</i>	13
14	15  <i>HOLIDAY</i> <i>President's Day</i>	16 <i>Spring 2021</i> <i>Term Begins</i>	17	18 BHM Opening Ceremony Speaker 12:50 - 1:50 pm	19	20
21	22	23 <i>Fat Tuesday</i> 12:50 - 1:50 pm	24 ICC Meeting 12:30 - 2 pm	25 BHM Closing Ceremonies & <i>“The Beat Goes On”:</i> <i>Preventing Heart Disease</i> 12:50 pm	26 <i>Advisors Orientation</i> 11:30 am	27
28						



March 2021



Women's Herstory Month

Moreno Valley

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Women's Herstory Facts

The public celebration of women's history in this country began in 1978 as "Women's History Week" in Sonoma County, California.

March 8 Is International Women's Day.

In 1981, Sen. Orrin Hatch (R-Utah) and Rep. Barbara Mikulski (D-Md.) co-sponsored a joint Congressional resolution proclaiming a national Women's History Week.

In 1987, Congress expanded the celebration to a month, and March was declared Women's History Month.

The popularity of women's history celebrations has sparked a new interest in uncovering women's forgotten heritage.

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i> MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm	<i>2</i> <i>Eating on the Run</i> 12:50 pm	<i>3</i> ICC Meeting 12:30 - 2 pm	<i>4</i>	<i>5</i>	<i>6</i>
<i>7</i>	<i>8</i> Student Senate Committee Meeting 12:30pm BOC Meeting 3pm	<i>9</i>	<i>10</i> Club Rush 11 am - 2 pm 4:30 - 6:30 pm	<i>11</i> Club Rush 11 am - 2 pm 4:30 - 6:30 pm	<i>12</i>	<i>13</i>
<i>14</i>	<i>15</i> MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm	<i>16</i> College Birthday Celebration 12 pm	<i>17</i> ICC Meeting 12:30 - 2 pm ————Blood Drive Sign-up———— 9 am—2 pm	<i>18</i> Women's Herstory Celebration 12:50 - 1:50 pm	<i>19</i>	<i>20</i>
<i>21</i>	<i>22</i> Student Senate Committee Meeting 12:30pm BOC Meeting 3pm	<i>23</i> Blood Drive & Health Fair 9am - 2pm	<i>24</i> Student Body President's Town Hall 1 - 2 pm	<i>25</i>	<i>26</i>	<i>27</i>
<i>28</i>	<i>29</i> MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm	<i>30</i> Cesar Chavez Celebration 12:50 - 1:50 pm	<i>31</i> HOLIDAY <i>Cesar Chavez</i>			



Moreno Valley

College

DID YOU KNOW...

•Diversity Awareness Month is a national initiative founded by Carole Copeland Thomas to encourage organizations and individuals to understand, appreciate and manage differences and similarities throughout the world.

To learn more about Diversity Awareness Month, visit www.TellCarole.com

- The first Easter baskets were made to look like bird's nests.
- Easter and the holidays related to it are "moveable feasts," in that they do not fall on a fixed date in the Gregorian or Julian calendars.

We all should know that diversity makes for a rich tapestry, and we must understand that all the threads of the tapestry are equal in value no matter what their color.

~Maya Angelou

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April 2021

Diversity Awareness & National Poetry Month

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 <i>Egg Hunt</i> 3 - 6 pm 	3
4 <i>Easter Sunday</i> 	5 MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm	6 MCAC Festival 12 - 2 pm	7 ICC Meeting 12:30 - 2 pm	8 <i>Creating & Maintaining Healthy Relationships</i> 12:50 pm	9	10
11	12	13	14	15	16	17
SPRING BREAK						
18	19 MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm	20	21 ICC Meeting 12:30 - 2 pm Service Hours Due	22 <i>Earth Day Awareness</i> 12:50 - 1:50 pm	23	24
EARTH WEEK AWARENESS						
25	26 Student Senate Committee Meeting 12:30pm BOC Meeting 3pm	27	28 Student Body President's Town Hall 1 - 2 pm	29 <i>Day of Tolerance</i> 12:50 - 1:50 pm	30	
RAMADAN AWARENESS & HIJAB CHALLENGE WEEK						



May 2021

Military Awareness/Mental Health Awareness Month Asian Pacific Islander Month

Moreno Valley

College

Memorial Day Facts:

- ◆ Memorial Day was originally called Decoration Day.
- ◆ Memorial Day was officially proclaimed on May 5, 1868 by General John Logan.
- ◆ The first state to officially recognize the holiday was New York in 1873.
- ◆ A National Moment of Remembrance takes place at 3 pm.
- ◆ On June 28, 1968, the US Congress passed the Uniform Holidays Bill, which moved four holidays from

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						1
2	3 MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm	4 Cinco de Mayo Celebration 12 - 2 pm	5	6	7 ASMVC Olympics 12 - 2 pm	8
	— STRESS LESS WEEK (Several Events to Occur 5/3-5/7) —					
9 Mother's Day	10 Student Senate Committee Meeting 12:30pm BOC Meeting 3pm	11	12 — Student Body Elections — 9am - 2pm & 4:30 - 6:30 pm	13	14	15
16	17 MCAC Meeting 10am ASMVC Senate Meeting 12:30pm BOC Meeting 3pm	18	19	20 Student of Distinction & Awards Banquet	21	22
23	24 Student Senate Committee Meeting 12:30pm BOC Meeting 3pm	25 Harvey Milk Day Event 12 - 2 pm	26 Student Body President's Town Hall 1 - 2 pm	27 Scholarship Tea 4 - 6 pm	28	29
	— PRIDE AWARENESS WEEK —					
30	31 HOLIDAY Memorial Day					



June 2021

Moreno Valley

College

ENJOY YOUR
SUMMER!!!



Congratulations
to all the
MVC Graduates!!!

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		1	2	3	4	5
		<i>Dead Week</i>				
		<i>Beating Test Anxiety 11 am - 12 pm</i>		<i>Test Taking Skills 11 am - 12 pm</i>		
6	7	8	9	10	11	12
	FINALS WEEK				<i>MVC COMMENCEMENT</i>	
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			